



CANADIAN
MENTAL HEALTH
ASSOCIATION

ASSOCIATION
CANADIENNE
POUR LA SANTÉ
MENTALE

Niagara Branch

Mental Health First Aid

Date: February 29 & March 1, 2012
Time: 8:30 a.m.— 4 p.m.
Location: 36 Page Street, St. Catharines

Registration Fee: \$225

The Mental Health First Aid (MHFA) Program is designed to improve your mental health literacy and to provide the skills and knowledge necessary to help people manage potential or developing mental health problems in themselves, a family member, a friend or a colleague. This two day workshop is open to the general public, health service providers, front line workers and volunteers.

Name: _____ **Phone:** _____

Address: _____

Postal Code: _____

Payment: Cheque VISA MasterCard

(Cheques payable to Canadian Mental Health Association)

Please send registration form to:

**Mental Health First Aid Workshop
Canadian Mental Health Association
36 Page Street
St. Catharines, ON L2R 4A7
Telephone 905-688-2543, ext. 621
FAX 905-684-8314
(attention L . Dickinson)**