

2009-10 TUNE IN TO MENTAL HEALTH & ADDICTIONS INFORMATIVE PRESENTATIONS FOR PARENTS/CAREGIVERS & TEENS

Attendance is *free* thanks to our generous sponsors.

Raising Resilient Children and Youth
An Evening for Parents/Guardians
Dr. Wayne Hammond, Executive Director, Resiliency Canada

OCTOBER 28, 7:00 TO 9:00 PM

Four Point Sheraton, 3530 Schmon Parkway,
Thorold. Free workshop - Registration required:
Phone 905-688-8248 ext.7267 or Email:

megan.delben@niagararegion.ca (This promotional activity
has been made possible through a financial contribution from Health
Canada).

Bullying and Mental Health
*Sueann Miller-Koren, Child and Family Therapist,
Niagara Health System; Laurie Flasko Consulting*

WED. NOVEMBER 4, 2009 - 7:00 TO 8:30 PM

Canadian Mental Health Assoc., 36 Page St. St.
Catharines

Who Can Help My Child

Panel of Experts

WED. NOVEMBER 18, 2009 - 7:00 TO 8:30 PM

Bridges Community Health Centre, 1485 Garrison
Rd. Fort Erie

Youth, Drugs and Mental Health

Darryl Upfold, Clinical Psychological Associate

WED. DECEMBER 2, 2009 - 7:00 TO 8:30 PM

Niagara Falls Library (Judy LaMarsh room), 4848
Victoria Ave.

Suicide Talk

Stacy Terry, Distress Centre

WED. DECEMBER 9, 2009 - 7:00 TO 8:30 PM

Port Colborne General Hospital (McKellar Hall) 260
Sugarloaf St.

Solving the Anger Puzzle

Julie Christiansen, Anger Solution

WED. JANUARY 13, 2010 - 7:00 PM TO 8:30 PM

Canadian Mental Health Assoc. 36 Page St. St.
Catharines

Trauma: Helping Parents and Caregivers
Help Their Teen Who May Have Been
Traumatized

*Erinne Andrews, Art Therapist, Niagara Child and
Youth Services*

WED. JANUARY 27, 2010 - 7:00 TO 8:30 PM

Bridges Community Health Centre, 1485 Garrison
Rd. Fort Erie

Depression, Anxiety & Self Harm
*Speaker TBA, Niagara Child and Youth Services
David Carmichael*

WED. FEBRUARY 3, 2010 - 7:00 TO 8:30 PM

Niagara Falls Library (Judy LaMarsh room), 4848
Victoria Ave.

Drug Use & Abuse

Donny Edwards, Pharmacist, Boggio Pharmacy

WED. FEBRUARY 17, 2010 - 7:00 TO 8:30 PM

Port Colborne General Hospital (McKellar Hall) 260
Sugarloaf St.

Kids and the Internet

Jeannie Makund, Way2Click

WED. MARCH 3, 2010 - 7:00 TO 8:30 PM

Canadian Mental Health Assoc. 36 Page St. St.
Catharines

Mental Health and the Family

Dr. Abraham, Psychiatrist

WED. MARCH 24, 2010 - 7:00 PM TO 8:30 PM

Bridges Community Health Centre, 1485 Garrison
Rd. Fort Erie

Marijuana Abuse and Psychosis

*Dr. Suzanne Archie, Associate Professor, Dept. of
Psychiatry and Neuroscience, McMaster University*

WED. APRIL 7, 2010 - 7:00 TO 8:30 PM

Niagara Falls Library (Judy LaMarsh room), 4848
Victoria Ave.

Schizophrenia and Psychosis – Reaching
Out

Jill Dennison, Schizophrenia Society of Ontario

WED. APRIL 28, 2010 - 7:00 TO 8:30 PM

Port Colborne General Hospital (McKellar Hall) 260
Sugarloaf St.

Stigma and Mental Health

WED. MAY 5, 2010 - 7:00 TO 8:30 PM

*Sarah Cannon, Parents for Children's Mental
Health; David Carmichael*

Canadian Mental Health Association, 36 Page St. St.
Catharines

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