

Service Funders

A wide range of qualified staff work together in an integrated manner to support clients in this program. A list of Team strengths include:

- Concurrent disorder support and therapy
- Peer support and mentoring
- Case Management and community support
- On-site Lifeskills training and support
- Strong commitment to transitional support and training
- Effective trust and relationship building

In all, a comprehensive and integrated approach supports each client in each of the three residential programs.



Ontario Ministry of Health and Long Term Care
HNHB Local Health Integrated Network
Regional Niagara



Other Information

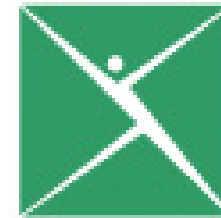
Charitable Registration No.:
13053 2955 RR0001

www.cmhaniagara.ca

OUR MISSION

CMHA Niagara Branch is dedicated to leadership in mental health, demonstrated by:

- The delivery of services that ensure full integration
- Advocacy and education that eliminates discrimination



**CANADIAN
MENTAL HEALTH
ASSOCIATION**

**ASSOCIATION
CANADIENNE
POUR LA SANTÉ
MENTALE**

NIAGARA BRANCH

**CMHA
TRANSITIONAL
HOUSING SUPPORT**

- Stamford House, Niagara Falls
- Glendale House, St. Catharines
- Manchester House, St. Catharines

905-641-5222

Program Goal

To support individuals in recovery with their desire to successfully connect and participate within their community.

Program Description

- Individual bedrooms
- Shared household chores
- Required attendance at house meetings
- Individual client focused development and support (personal goals)
- Resident obligation toward household effectiveness

Stamford House

- Male and female clients
- Mental health and personal support

Glendale House

- Female clients only
- Mental health and personal support

Manchester House

- Male clients only
- Concurrent disorder support focus
- Harm reduction model
- Homelessness support focus

Primary Services

Along with the individual support and instruction that is provided, opportunities to participate in structured group sessions are available.

Group sessions may include:

- Activities of daily living instruction
- Life skill support and instruction
- Mental health awareness and support
- Substance use/Addiction support and awareness
- Community connection support
- Employment and volunteer opportunities

For each of the three houses there is a residential coordinator who will be in contact with clients most often. Connection and successful functioning within the community becomes a goal for each client. Along with community success, the ability to support oneself on a daily basis is taught and supported

Additional Services

- Assessment and Psychiatric medication monitoring
- On leaving the program a staff member will continue to support the individual until they are established in their new living situation.

Eligibility

This program supports individuals in recovery from who have:

- Serious mental health issues
- Addictions
- Chronic homelessness
- Individuals must be 18 years of age or more and be approved through a team process.

Accessing Services

- 2-4 week process, including site visits
- Interim support provided
- referrals - staff, agency, family, doctor
- Contact **905-641-5222**, ask for Transitional Intake Worker or email us at **thsp@cmhaniagara.ca**